**PERSONAL MATERIAL LIST for Haines, Alaska**

provided by the school

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| EATING AND MEAL PREPARATION |
|  |  | 1 Nalgene type 1L water bottle w/carabiner to attach in kayak |
|  |  | 1 1L Thermos |
|  |  | Wide mouth thermos (optional) |
|  |  | Lunch for first day |
|  |  | Fire materials- matches, lighter, fire starter |
|  |  | Plate-bowl- mug- utensils |
|  |  | Food for 6 days |
|  |  | Cooler *(we have few at school if needed)* |
|  |  | Plastic box to put dry food *(we have few at school if needed)* |
|  |  | Trangia stove and fuel |
|  |
| CLOTHING- to go in duffle bag |
|  |  | 1 wool/synthetic long underwear bottom |
|  |  | 2 wool/synth. long sleeve shirts |
|  |  | 1 pair quick-drying synth. pants |
|  |  | 1 pair of heavy pants (fleece) |
|  |  | 1 wool/synth t-shirt |
|  |  | 1 pair of shorts |
|  |  | 2-3 pairs wool or blend socks |
|  |  | 1 fleece or wool sweater |
|  |  | few pairs of underwear |
|  |  | 1 toque + Buff |
|  |  | 3 pairs of gloves/mitts 2 pair warm gloves-mitts, 1 pair work gloves |
|  |  | Comfortable camp shoes |
|  |  | 1 rain jacket |
|  |  | 1 pair rain pants or Goretex type shell pants |
|  |  | Bathing suit and towel |
|  |  |  |
|  |  | Rubber boots |
|  |  | Hiking boots or hiking shoes if you own them- otherwise normal running shoes are good |
| GENERAL PERSONAL GEAR |
|  |  | Passport or birth certificate  |
|  |  | Backpack for bus & hiking |
|  |  | Multi use knife |
|  |  | Toilet paper in Ziploc bag with hand sanitizer and paper bags |
|  |  | Trip Journal/ pencil/ pen in ziploc |
|  |  | Sunscreen and lip balm |
|  |  | Sunglasses |
|  |  | Toothbrush, paste and floss |
|  |  | Feminine hygiene if applicable |
|  |  | Personal Medication |
|  |  | Headlamp and extra batteries |
|  |  | Bug repellant and/or bug jacket or net |
| SLEEPING |
|  |  | tent |
|  |  | tarp |
|  |  | Sleeping bag |
|  |  | Sleeping pad |
|  |  | liner |

**Group Equipment List**

# **Communication**

* InReach
* Sat Phone with contact numbers
* 2 marine radios

# **Miscellaneous**

* First Aid Kit (one big + one small)
* 4 Bear Spray
* 1 air horn
* Water filtration system (2 gravity bags for group)
* Hand sanitizer
* 2 large group tarps
* Library
* Group Water Containers 5 x 20 L
* Camera
* 2 pairs of binoculars

## Log book

**Repair kit**

* 1 roll Duct Tape
* Assorted Zip Ties
* Seam Sealer
* Patch material
* Tent repair kit
* Sewing kit
* Wire
* Multi-tool knife

**Kitchen Inventory**

* 1 big pot to boil water
* Fire gloves
* Tongs for fire
* Fire box (1)

##### Dish washing supplies

* pot scrubbers + steel pad
* 1 bottle Bleach
* 1 container of Bio-degradable

Soap

3 dish tubs

* 4 x drying towels

##### Fire Starting

* Matches in waterproof container
* Fire starters
* Axe
* 3 Folding Saws

##### Other Stuff

* Ziploc bags
* Garbage bags

Sea kayaking gear

* All participants must wear a properly fitting, Transport Canada approved life jacket/P.F.D., at all times when on the water or scouting.
* All participants must have a whistle attached to PFD.
* All participants will use the following from school : 1 small dry bag for snacks and extra clothes for daily outings
* All participants will wear a wetsuit provided by the school and wear neoprene or wool socks in running shoes or neoprene booties.

To wear while paddling (provided by the school)

|  |
| --- |
| River booties or neoprene socks + running shoes--- NO CROCS*If you have some at home, please bring it as the school doesn’t have enough* |
| Wetsuit |
| Paddling jacket |
| PDF |
| Pogees (to protect hands from wind chill) |
| Spray skirt |
| Long sleeve shirt |
| Small dry bag |

**Each kayak must have:**

* One buoyant heaving line of not less than 15 m in length (one throw bag in the kayak),
* One sponge
* Extra paddle
* Paddle float
* Pump
* Spray skirt for each cockpit

**Adults most have for paddling safety**

* Towline per guide (readily accessible)
* complete and appropriate first aid kit
* Emergency communication equipment including marine radio, InReach and sat phone
* Emergency tarp
* Flares